

Total Rewards – Benefits September 2020

Empowering Your Self-Care

Through our well-being and self-care resource

Continuing a culture of caring, where we convey and promote Perrigo's global self-care strategy into empowerment for our colleagues and their families' well-being



- **Physical** to encourage preventive self-care through movement, nutrition, and sleep
- **Emotional** to manage stress, expand our resilience, and practice mindfulness
- Financial to feel comfortable in managing our short- and long-term finances
- Work-Life to find balance and integration between career and personal goals
- **Community** to actively support others and our environment
- Educational focus on continuous improvement and supporting our learning organization

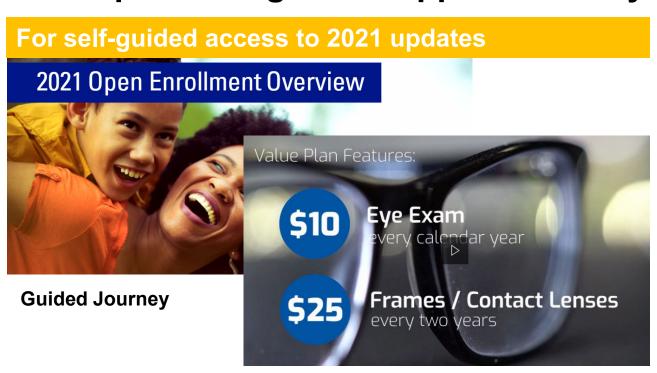


2021 Open Enrollment Approach

New approach due to COVID-19, with kits arriving the week of October 5

- For your health and safety, we are pausing our Open Enrollment meetings this year
- Communicating the value of your well-being programs and updates for 2021 are still very important

We are presenting a new approach this year



Engaging videos to learn more



Navigation Guide

Total Rewards Guide

We're also presenting the Guides via eBooks if you are salaried. Printed kits will still be mailed to your address on file if you are hourly



Why should I engage with Open Enrollment?

We're introducing new value options and a new Specialty RX partner

We encourage you to learn about our new programs this year that may benefit you and your families!

Save money in your paycheck (as much as \$122 per month) with a new Value PPO medical option and a new Value Vision Plan



Are you or a family member taking a Specialty RX? Use the journey to learn more about Prudent Rx and possible 100% coverage



Introduction of a new Employee Assistance Program Partner, Magellan Health (starting January 1)



Benefits will carry into next year (but, please re-enroll in Flexible Spending to continue it)





What's Next?

Open Enrollment: Monday, October 19 (9:00am ET), through Friday, October 30 (11:59pm ET)

HEALTHYyou 2020 Rewards

- Earn 300 points
- Spouses as well
- Applies to this year
- See your points on HEALTHYyou by November 6

HEALTHYyou 2021 Rewards

- 1 winner
- 500 or 250 points
- Applies to next year rewards points
- Random drawing by November 6

Win a \$100 Gift Card

- 1 winner
- Complete Open Enrollment
- Random drawing by November 6

Ask-an-Analyst

- We are here to support you
- Sign-up for virtual sessions via the Perrigo Benefits Center (PBC)



October 5: Open Enrollment Communication launches

October 12: Ask-an-Analyst appointment reservations launch

October 19: Open Enrollment launches



Next – Navigate to a Journey that's Right for You

A Navigation Guid

For Quick Access to 2021 Updates:

- Review the <u>Navigation Guide</u> (2021 update overview)
- Total Rewards Guide (2021 detailed summary of all benefits)



Or, for a **Guided Journey** of 2021 Updates:

- Storytelling via videos (music or spoken word available)
- Also includes 2021 medical & dental premium updates

Access the Guides and/or the Guided Journey on the Perrigo Benefits Center

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Guided Journey

Start your Open Enrollment Journey, starting Monday, October 19 Perrigo Benefits Center (PBC)

https://benefitscenter.perrigo.com

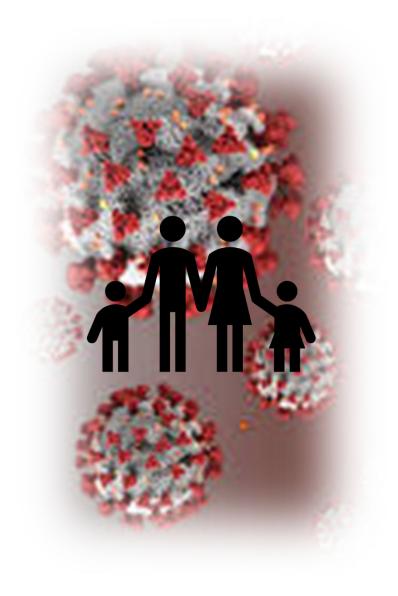
Site: Available 24 / 7 (standard downtime Sunday 3am – 12pm)

800.974.5176 (Monday – Friday, 8a – 7p ET)



COVID-19 Impact

Today, COVID-19 impacts our whole-person well-being



Health and Wellbeing



Ways to Support the Mental Health and Wellness of Students

It's no secret that this year will be especially challenging for students returning to school

Read PDF



Preparing to Navigate a Unique Year

The global COVID-19 pandemic has ushered in a school year unlike any other ...

Read PDF



Back to School During COVID-19: Resources for Learning, Health and Well Being

With COVID-19 reshaping the world, this school year will be unlike any other ...

Read PDF



- Access COVID-19 Specific Well-Being resource at no charge at www.optumeap.com
- Access self-care and emotional well-being resources at <u>www.liveandworkwell.com</u> (use Perrigo)



Questions?

Perrigo Benefits Center (PBC)

https://benefitscenter.perrigo.com

Site: Available 24 / 7 (standard downtime Sunday 3am – 12pm)

800.974.5176 (Monday – Friday, 8a – 7p ET)

New – live chat with a PBC representative also available this year!

